

Arlo's Bedtime Checklist

Brush teeth

Pyjamas on

One story

Lights out

cat 

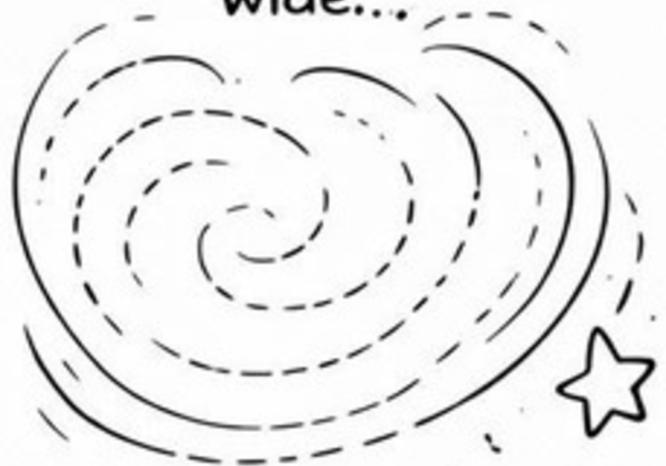
Grandod

bed 

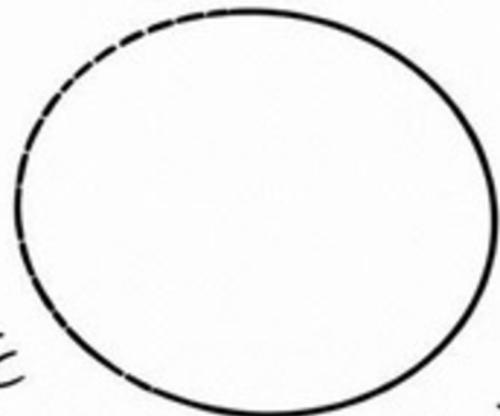
sea

Yawn Challenge!

Try to yawn without opening your mouth wide...



Make your yawn face!



My idea: _____